LGBTQ+ folks are at a higher risk for domestic and sexual violence, but only 1 in 5 LGBTQ+ survivors seeks services. Intimate partner violence (IPV) happens in all communities. You have the right to live violence-free and receive help regardless of your gender identity, gender expression, or sexual orientation.

Inclusive help is available no matter where you are.

Learn more about the Coalition's programs at [tncoalition.org](http://tncoalition.org) or call 615-386-9406

National Hotline: 1-800-799-7233

Counseling Unconditionally, a project by the TEP, shows a map of mental health providers in Tennessee who provide affirmative services, especially in regards to sexual orientation and gender identity/expression. The map can be found here: [tnep.org/counseling_unconditionally](http://tnep.org/counseling_unconditionally)

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Why is this important?

Anti-LGBTQ+ bias can create obstacles for LGBTQ+ people to accessing services, support, and self-determination, including supportive housing.

61% of bisexual women experience rape, physical violence, or stalking by an intimate partner. These numbers are higher for people of color and college students.

44% of lesbians of gay men experience the same kinds of abuse as other communities, but have specific tactics related to homophobia and heterosexism.

26% of bisexual men experience rape, physical violence, or stalking by an intimate partner.

What does IPV look like in LGBTQ+ relationships?

LGBTQ+ folks face the same abusive tactics as heterosexual couples, the negative biases rooted in homophobia and transphobia create additional obstacles for them.

Does your partner(s)...

- Threaten to out you to your friends, family, or community?
- Control, or attempt to control, your medications, clothing, or anything you use to feel safe and comfortable in your own body?
- Make comments that make you feel uncomfortable about your body, identity, or sexuality?
- Make threats to isolate you from the LGBTQ+ community?

All forms of abuse are valid. If you or someone you know is experiencing intimate partner violence, reach out to one of our resources. You are not alone.