

# DOMESTIC VIOLENCE

## IN THE UNITED STATES • NATIONAL FACT SHEET



Intimate partner violence (IPV) is abuse or aggression in a current or former romantic relationship. It can involve physical violence, sexual violence, stalking, or psychological aggression.

### WHAT INTIMATE PARTNER VIOLENCE INCLUDES

#### Physical violence

Using physical force to hurt or attempt to hurt a partner.

#### Sexual violence

Sexual acts or touching when a partner does not or cannot consent.

#### Stalking

Repeated unwanted attention or contact that causes fear or concern for safety.

#### Psychological aggression

Words or actions intended to cause emotional harm or exert control, including threats or isolation.

### LATEST NATIONAL DATA

#### 34% of women • 17% of men

Experienced contact sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.

#### Nearly 23% of women • Nearly 14% of men

Experienced physical violence by an intimate partner in their lifetime.

#### 30% of women • 22% of men

Experienced psychological aggression by an intimate partner in their lifetime.

#### 5% of women • 2% of men

Experienced contact sexual violence, physical violence, and/or stalking by an intimate partner in the 12 months before the survey.

### IMPACT AND PREVENTION

#### Violence can affect safety, health, work, and school

Nearly **1 in 3 women (29.9%)** and **1 in 8 men (13.0%)** experienced partner sexual violence, physical violence, and/or stalking with at least one related impact during their lifetime.

#### Prevention starts with healthy relationships and communities

Teaching relationship skills, supporting families, and changing conditions that increase risk can help prevent IPV.

#### NEED SUPPORT?

#### National Domestic Violence Hotline

Call 800-799-SAFE (7233) • Text START to 88788 • Chat at [thehotline.org](https://thehotline.org)